



## LOW DOSE DEXAMETHASONE SUPPRESSION TESTING

You will take Dexamethasone 0.5 mg every 6 hours for 2 days.

**Day 1:** Start your Dexamethasone: Take at **8 AM, 2 PM, 8 PM and 2 AM.**

**Day 2:** the second day **start** your 24 hour urine collection by **7 AM**; continue your dexamethasone tablets @ 8 AM, 2PM, 8 PM and 2AM.

**Day 3:** Complete your 24 hour urine for Urine Free Cortisol and Creatinine. Go to the lab, turn in your 24 hour urine and have your blood drawn for serum cortisol and ACTH levels @ **8 AM.**

[www.accentmd.com](http://www.accentmd.com)

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